Appendix I

Virtual Trauma Risk Assessment Tool

1. What is your primary reason for using social media? (to meet new people, to stay in touch with friends, to share pictures, etc.)
2. Do you engage in conversations with people whom you have not met 'in real life'?

    a. If so, what has this experience been like for you? What relationships have come from it?

3. Do conversations online sometimes turn sexual when you do not want them to?

    a. If so, how do you respond?

4. Are you comfortable ending a conversation if it makes you feel uneasy in any way?

    a. What ways could you do this?

5. Do you use dating apps, and if so, do you use them for purposes other than dating? (to meet new friends, to find hookups, etc.)
6. Do you share personal photos of yourself through messaging apps or through social media?

    a. If so, what influence has this had on you, positive or negative?

7. Do you play games online that connect you to other players?
8. Have you felt threatened online, either physically or psychologically?

    a. If so, what did you do about it?

9. What are things that you do to make sure that you are safe online?